



All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 26 th January	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato & Basil	Pea & Mint	Sweetcorn	Carrot & Red Lentil	Tomato
Main Meal	Jacket Potato with Beef & Beans Casserole	Homemade Pork Sausage Roll	Soya Mince Bolognaise with Wholegrain Pasta & Garlic Bread	Peri Peri Chicken Pieces & Sauce	Cod Fish Fingers with Tartar Sauce & Lemon
Veggie Alternative	Jacket Potato with Baked Beans	Mushroom, Green Lentil & Butter Bean Hot Pot	Sun Dried Tomato, Cannellini Bean & Pesto Risotto	Vegan Cheese Chilli Bean Burrito	Fishless Fingers
On the Side	Peas & Sweetcorn	Skin on Wedges, Green Beans & Carrots	Seasonal Greens & Broccoli	Dirty Rice, Tossed Salad & Sweetcorn	Baked Beans, Mushy Peas & Oven Chips
Dessert	Sliced Fruit	Apple & Berry Crumble & Custard	Melon	Chocolate Brownie	Fruit Jelly
Freshly home baked bread, yoghurt pots and fresh salads					

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