



All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 29 th June	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato & Basil	Carrot, Cumin & Coriander	Spicy Bean	Pea & Mint	Tomato
Main Meal	Jacket Potato with Baked Beans & Cheddar Cheese	Homemade Pork Sausage Rolls	Beef & Vegetable Lasagne Topped with a Cheesy Sauce	Fajitas Filled with Chicken Strips	Cod Fish Fingers with Tatar Sauce & Lemon
Veggie Alternative	Jacket Potato with Bean Chilli	Mature Cheddar & Spring Onion Omelette	Aubergine & Mozzarella Parmigiana	Black Bean & Sweet Potato Pattie, Peppers, Red Onion with Guacamole	Fishless Fingers
On the Side	Peas & Sweetcorn	Roasted New Potatoes, Carrots & Green Beans	Broccoli & Seasonal Greens	50/50 Rice, Corn on the Cob & Slaw	Baked Beans, Mushy Peas & Oven Chips
Dessert	Sliced Fruit	Apple & Berry Crumble & Custard	Melon	Chocolate Cookie	Fruit Jelly
Freshly home baked bread, yoghurt pots and fresh salads					