



All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 2 nd November	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato & Basil	Root Vegetable	Pea & Mint	Leek and Potato	Tomato
Main Meal	Macaroni Cheese Topped with a Bread Crumb & Mature Cheddar	Thyme & Garlic Roasted Chicken	Homemade Pork Sausage Rolls	Mild Chicken Curry, Mango Chutney & Riata	Fish Cakes with Tartar Sauce & Lemon
Veggie Alternative	Spaghetti in a Tomato & Herb Sauce	Mushroom, Spinach & Ricotta Parcel	Homemade Veggie Sage & Onion Sausage Rolls	Vegetable & Chickpea Pakora	Cheesy Baked Bean Burrito
On the Side	Peas & Sweetcorn	Skin on Roast Potato Broccoli & Green Beans	Carrots & Greens, Garlic & Paprika Wedges	Chopped Salad, Sweetcorn & 50/50 Rice	Baked Beans, Mushy Peas & Oven Chips
Dessert	Fresh Fruit Salad	Carrot Cake & Custard	Watermelon	Ice Cream	Fruit Jelly
Freshly home baked bread, yoghurt pots and fresh salads					

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