PotT

All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 30th November	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato & Basil	Carrot & Coriander	Pea & Mint	Sweet Potato & Coconut	Tomato
Main Meal	Beef Bolognaise	Roast Ham & Gravy	Goat's Cheese & Cherry Tomatoes Pizza	Peri Peri Lemon & Herb Baked Chicken Piece	Fish Fingers with Tartar Sauce & Lemon
Veggie Alternative	Pesto Pasta	Mature Cheddar & Spring Onion Crustless Quiche	Margarita Pizza	Peri Peri Black Bean, Pepper Wrap	Vegan Meatballs in a Tomato
On the Side	Peas & Sweetcorn	Carrots, Green Beans & Skin on Wedges	Broccoli, Seasonal Greens	Sweetcorn & Slaw & 50/50 Rice	Baked Beans, Mushy Peas & Oven Chips
Dessert	Fresh Fruit	Apple & Berry Crumble & Custard	Watermelon	Ice Cream	Fruit Jelly
	Freshly home baked bread, yoghurt pots and fresh salads				

holroyd howe
feeding independent minds