

Butternut Squash peppers and peas Fajitas Butternut Squash peppers and peas Fajitas



All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 4 th March Wk 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Roasted Tomato	French Onion with Cheese Crouton's	Root Vegetable	Pea & Mint	Tomato & Basil
Main Meal	Jacket Potato Bar	Cumberland Sausages with Onion Gravy	Beef Meatballs in a Chunky Tomato Sauce with Wholegrain Pasta	Chicken Strips with a Coconut Curry Sauce & Homemade Naan	Battered Fish with Tartar & Lemon
Veggie	Toppings Baked Beans, Cheddar Cheese, Veggie Chilli	Cauliflower & Cannellini Bean Bake	Vegan Quorn Meatballs in a Chunky Tomato Sauce	Tofu Strips with a Coconut Curry Sauce & Homemade Naan	Cheese & Onion Roll
On the Side	Peas & Sweetcorn	Carrots & Greens	Garlic Bread, Broccoli & Peas	50/50 Rice, Green Beans & Sweetcorn	Chips Mushy peas Baked Beans
Dessert	Whole fresh fruit	Sticky Toffee & Apple Sponge & Custard	Fresh Sliced Fruit	Ginger Cookie	Rice Pudding & Fruit Jam
	Freshly baked bread, yoghurt pots and fresh salads			holroyd howe feeding independent minds	